

Burgers		Serving Size (g)	Calories	Calories from fat	Total fat (g)	Saturated fat * (g)	Total Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs. (g)	Dietary Fiber(g)	Total Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV
Original WHOPPER® Sandwich		304	760	410	46	14	1.2	100	1000	52	4	11	35	20	15	15	40
	w/o Mayo	283	600	250	28	12	1.1	85	870	52	4	11	34	10	15	15	40
Original WHOPPER® With Cheese Sandwich		329	850	480	53	30	1.5	120	1430	53	4	11	39	25	15	25	40
	w/o Mayo	308	690	320	36	17	1.4	110	1310	53	4	11	39	15	15	25	40
Original DOUBLE WHOPPER® Sandwich		401	1060	620	69	25	2.2	185	1100	52	4	11	59	20	15	20	50
	w/o Mayo	380	900	460	51	22	2.1	175	980	52	4	11	59	10	15	20	50
Original DOUBLE WHOPPER® With Cheese Sandwich		426	1150	690	76	30	2.5	210	1530	53	4	11	64	25	15	30	50
	w/o Mayo	405	990	530	59	28	2.4	195	1410	53	4	11	64	15	15	30	50
Original WHOPPER JR.® Sandwich		158	390	200	22	7	0.5	45	570	32	2	6	17	10	6	8	20
	w/o Mayo	147	310	120	13	5	0.5	40	510	31	2	6	17	4	6	8	20
Original WHOPPER JR.® With Cheese Sandwich		160	440	230	26	9	0.7	55	790	32	2	6	19	10	6	15	20
	w/o Mayo	149	360	150	17	8	0.6	50	730	32	2	6	19	8	6	15	20
BK HOMESTYLE™ Griller		242	480	240	27	11	0	75	760	35	2	5	26	10	10	6	25
BK SMOKEHOUSE CHEDDAR™ Griller		241	720	440	48	19	0	125	1240	32	2	3	39	6	6	20	25
KING SUPREME™ Sandwich		196	550	310	34	14	1.2	100	790	32	2	6	30	4	2	15	25
BK 1/4 Lb. BURGER™		210	490	190	21	8	0.7	60	950	50	3	10	26	4	4	10	30
Hamburger		121	310	120	13	5	0.5	40	580	31	2	6	17	2	2	8	20
Cheeseburger		133	360	160	17	8	0.7	50	790	31	2	6	19	6	2	15	20
Double Hamburger		164	450	210	24	10	0.9	75	620	31	2	6	28	2	2	10	25
Double Cheeseburger		189	540	280	31	15	1.3	100	1050	32	2	6	32	10	2	25	25
Bacon Double Cheeseburger		193	580	310	34	17	1.3	110	1240	32	2	6	35	10	2	25	25
Sandwiches & Side Orders		Serving Size (g)	Calories	Calories from fat	Total fat (g)	Saturated fat * (g)	Total Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs. (g)	Dietary Fiber(g)	Total Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV
BK BIG FISH® Sandwich		262	710	350	39	15	2.1	50	1160	66	4	7	24	2	0	8	20
Chicken WHOPPER®		272	580	240	26	5	0.5	75	1370	48	3	7	39	15	10	8	45
	w/o Mayo	251	420	80	9	2.5	0.4	60	1250	47	3	7	38	6	10	8	45
Chicken WHOPPER JR.®		165	350	130	14	2.5	0.3	45	900	30	2	4	26	6	6	6	30
	w/o Mayo	155	270	50	6	1.5	0.2	40	840	30	2	4	25	2	6	6	30
Specialty Chicken Sandwich		204	560	260	28	6	2.2	60	1270	52	3	5	25	8	0	6	15
	w/o Mayo	190	460	150	17	4.5	2.2	55	1190	52	3	5	25	2	0	6	15
CHICKEN TENDERS®																	
	4 Pieces	62	170	90	9	2.5	2	25	420	10	0	0	11	0	0	0	2
	5 Pieces	77	210	110	12	3.5	2.3	30	530	13	<1	0	14	0	0	2	2
	6 Pieces	92	250	130	14	4	2.7	35	630	15	<1	0	16	2	0	2	4
	8 Pieces	123	340	170	19	5	3.6	50	840	20	<1	0	22	2	0	2	4
BK VEGGIE™ Burger**		173	330	90	10	1.5	0.1	0	770	45	4	6	14	8	10	6	35
	w/o Reduced Fat Mayo	162	290	60	7	1	0.1	0	690	44	4	6	14	8	10	6	35
FRENCH FRIES																	
	Small (Salted)	74	230	100	11	3	3.0	0	410	29	2	0	3	0	8	2	2
	Small (Salt not added)	74	230	100	11	3	3.0	0	240	29	2	0	3	0	8	2	2
	Medium (Salted)	117	360	160	18	5	4.7	0	640	46	4	1	4	0	15	2	4
	Medium (Salt not added)	116	360	160	18	5	4.7	0	380	46	4	1	4	0	15	2	4
	Large (Salted)	160	500	220	25	7	6.4	0	880	63	5	1	6	0	20	2	6
	Large (Salt not added)	159	500	220	25	7	6.4	0	510	63	5	1	6	0	20	2	6
	King (Salted)	194	600	270	30	8	7.8	0	1070	76	6	1	7	0	20	2	6
	King (Salt not added)	193	600	270	30	8	7.8	0	620	76	6	1	7	0	20	2	6
ONION RINGS																	
	Small	51	180	80	9	2	2	0	260	22	2	3	2	0	0	6	0
	Medium	91	320	140	16	4	3.6	0	460	40	3	5	4	0	0	10	0
	Large	137	480	210	23	6	5.4	0	690	60	5	7	7	0	0	15	0
	King	159	550	240	27	7	6.0	5	800	70	5	8	8	0	0	20	0

Burgers		Serving Size (g)	Calories	Calories from fat	Total fat (g)	Saturated fat * (g)	Total Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs. (g)	Dietary Fiber(g)	Total Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV
Salads																	
Chicken Caesar (w/o dressing and croutons)		257	160	50	6	3	0	40	730	5	3	3	25	15	10	10	20
Garden Salad (w/o dressing)		142	25	0	0	0	0	0	15	5	2	3	1	50	25	2	4
Desserts		Serving Size (g)	Calories	Calories from fat	Total fat (g)	Saturated fat * (g)	Total Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs. (g)	Dietary Fiber(g)	Total Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV
Dutch Apple Pie		113	340	130	14	3	3.0	1.0	470	52	1	23	2	2	0	0	8
HERSHEY®'S Sundae Pie		79	310	160	18	13	2.0	10	135	33	<1	20	3	0	0	4	8
Hot Fudge Brownie Royale		113	440	170	19	6	2.1	50	250	62	6	46	6	8	0	4	50
Fresh Baked Cookies		96	440	190	21	7	NA	15	390	57	2	32	4	8	0	2	10
Breakfast		Serving Size (g)	Calories	Calories from fat	Total fat (g)	Saturated fat * (g)	Total Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs. (g)	Dietary Fiber(g)	Total Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV
CROISSAN'WICH® w/ Sausage, Egg & Cheese		157	520	350	39	14	2.5	210	1090	24	1	4	19	10	0	30	25
CROISSAN'WICH® w/ Sausage & Cheese		107	420	280	31	11	2.4	45	840	23	<1	4	14	4	0	10	20
CROISSAN'WICH® w/ Egg & Cheese		112	320	170	19	7	2	185	730	24	<1	3	12	8	0	30	20
EGG'WICH™ w/ Canadian Bacon, Egg, & Cheese		155	420	210	23	7	0.6	140	900	36	3	3	18	8	0	25	20
EGG'WICH™ w/ Canadian Bacon & Egg		142	380	170	19	4	0.4	125	680	35	3	3	15	4	0	15	20
EGG'WICH™ w/ Egg & Cheese		140	410	210	23	7	0.6	130	760	36	3	3	15	8	0	25	20
French Toast Sticks - 5 Sticks		112	390	180	20	4.5	4.5	0	440	46	2	11	6	0	0	6	10
Cini-minis (without Vanilla Icing) - 4 rolls		108	440	210	23	6	N/A	25	710	51	1	20	6	20	2	6	15
Hash Brown Rounds																	
	Small	75	230	130	15	4	4.9	0	450	23	2	0	2	0	2	0	2
	Large	128	390	230	25	7	8.4	0	760	38	4	0	3	0	2	2	4
DRINKS - ALL DAYPARTS		Serving Size (g)	Calories	Calories from fat	Total fat (g)	Saturated fat * (g)	Total Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs. (g)	Dietary Fiber(g)	Total Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV
Old Fashioned Ice Cream Shakes																	
	Vanilla - Small	305	560	290	32	21	1.5	95	220	56	1	46	11	25	0	30	2
	Vanilla - Medium	397	720	370	41	27	2.0	125	280	73	1	60	15	30	0	40	2
	Chocolate - Small (Syrup Added)	333	620	290	32	21	1.5	95	310	72	2	61	12	25	0	35	6
	Chocolate - Medium (Syrup Added)	425	790	380	42	27	2.0	125	380	89	2	75	15	30	0	45	6.0
	Strawberry - Small (Syrup Added)	333	620	290	32	21	1.5	95	230	71	1	61	11	25	0	35	2
	Strawberry - Medium (Syrup Added)	425	780	370	41	27	2.0	125	300	88	1	75	15	30	0	45	2.0
COCA COLA® CLASSIC‡																	‡
	Kids	282	120	0	0	0	0	0	--	31	0	31	0	--	--	--	--
	Small	376	160	0	0	0	0	0	--	41	0	41	0	--	--	--	--
	Medium	518	230	0	0	0	0	0	--	56	0	56	0	--	--	--	--
	Large	753	330	0	0	0	0	0	--	82	0	82	0	--	--	--	--
	King	988	430	0	0	0	0	0	--	108	0	108	0	--	--	--	--
DIET COKE®‡																	
	Kids	282	0	0	0	0	0	0	--	0	0	0	0	--	--	--	--
	Small	376	0	0	0	0	0	0	--	0	0	0	0	--	--	--	--
	Medium	518	0	0	0	0	0	0	--	0	0	0	0	--	--	--	--
	Large	753	0	0	0	0	0	0	--	0	0	0	0	--	--	--	--
	King	988	0	0	0	0	0	0	--	0	0	0	0	--	--	--	--
SPRITE®‡																	
	Kids	282	120	0	0	0	0	0	--	30	0	30	0	--	--	--	--
	Small	376	160	0	0	0	0	0	--	40	0	40	0	--	--	--	--
	Medium	518	220	0	0	0	0	0	--	55	0	55	0	--	--	--	--
	Large	753	320	0	0	0	0	0	--	80	0	80	0	--	--	--	--
	King	988	420	0	0	0	0	0	--	105	0	105	0	--	--	--	--

Burgers		Serving	Calories	Calories	Total	Saturated	Total Trans	Cholesterol	Sodium	Total	Dietary	Total	Protein	Vitamin A	Vitamin C	Calcium	Iron
		Size (g)		from fat	fat (g)	fat * (g)	Fat (g)	(mg)	(mg)	Carbs. (g)	Fiber(g)	Sugars (g)	(g)	%DV	%DV	%DV	%DV
DR PEPPER®‡																	
	Kids	282	120	0	0	0	0	0	--	30	0	30	0	--	--	--	--
	Small	376	160	0	0	0	0	0	--	39	0	39	0	--	--	--	--
	Medium	518	220	0	0	0	0	0	--	54	0	54	0	--	--	--	--
	Large	753	320	0	0	0	0	0	--	79	0	79	0	--	--	--	--
	King	988	410	0	0	0	0	0	--	104	0	104	0	--	--	--	--
Frozen COCA COLA® CLASSIC‡																	
	Medium	439	370	0	0	0	0	0	--	92	0	92	0	--	--	--	--
	Large	539	460	0	0	0	0	0	--	116	0	116	0	--	--	--	--
Frozen MINUTE MAID® Cherry‡																	
	Medium	439	370	0	0	0	0	0	--	92	0	92	0	--	--	--	--
	Large	539	460	0	0	0	0	0	--	116	0	116	0	--	--	--	--
MINUTE MAID® Orange Juice		284	140	0	0	0	0	0	25	33	0	30	0	0	70	2	0
Coffee																	
	Small	244	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
	Medium	366	5	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
	Large	488	10	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Reduced Fat Milk - 1% Milk Fat (8 oz)		244	110	25	2.5	1.5	N/A	10	125	12	0	11	8	10	4	30	0